

Special Care Services for the Family Consent Form

A consultation with a special care counsellor is a process that allows you to zero in on your objectives in relation to an adaptation or rehabilitation situation in your family life and to obtain advice and support for dealing with it.

A consultation is not in itself a guarantee of success. Instead, it's a space where you and your special care counsellor can achieve the objectives you set together. The approaches and techniques used can vary from one special care counsellor to another.

PARENTAL AUTHORITY

In order to provide support to children in accordance with the *Civil Code of Quebec*, the Military Family Resource Centre – Montreal Region (MFRC) ensures that those who have parental authority are informed of any consultation with their child. They must give their consent to their child's evaluation and/or follow-up. If anyone who has parental authority is opposed to the aim of the evaluation and/or follow-up, the MFRC must terminate any process or consultation under way with the child.

Sections of the *Civil Code of Quebec* (S.Q. 1991, c. 64)

Section 12. A person who gives his consent to or refuses care for another person is bound to act in the sole interest of that person, complying, as far as possible, with any wishes the latter may have expressed.

If he gives his consent, he shall ensure that the care is beneficial notwithstanding the gravity and permanence of certain of its effects, that it is advisable in the circumstances and that the risks incurred are not disproportionate to the anticipated benefit.

Section 14. Consent to care required by the state of health of a minor is given by the person having parental authority or by his tutor.

A minor 14 years of age or over, however, may give his consent alone to such care. If his state requires that he remain in a health or social services establishment for over 12 hours, the person having parental authority or tutor shall be informed of that.

Section 600. The father and mother exercise parental authority together.

If either parent dies, is deprived of parental authority or is unable to express his or her will, parental authority is exercised by the other parent.

Section 603. Where the father or the mother performs alone any act of authority concerning their child, he or she is, with regard to third persons in good faith, presumed to be acting with the consent of the other parent.

Section 605. Whether custody is entrusted to one of the parents or to a third person, for whatever reason, the father and mother retain the right to supervise the maintenance and education of the children, and are bound to contribute thereto in proportion to their means.

ACCESS TO RECORDS

Section 21 of the *Act Respecting Health and Social Services* stipulates that:

The holder of parental authority is entitled to have access to the record of a user who is a minor.

Restriction under s. 21:

However, an institution shall refuse to give the holder of parental authority access to the record of a user who is a minor where

(1) the user is under 14 years of age, an intervention within the meaning of section 2.3 of the *Youth Protection Act* (chapter P-34.1) has been made in his regard or a decision respecting him has been made under the said Act, and the institution, after consulting the director of youth protection, determines that communication of the record of the user to the holder of parental authority will or could be prejudicial to the health of the user;

(2) the user is 14 years of age or over and, after being consulted by the institution, refuses to allow his record to be communicated to the holder of parental authority and the institution determines that communication of the record of the user to the holder of parental authority will or could be prejudicial to the health of the user.

RULES, AND TERMS AND CONDITIONS

1. The profession of special care counsellor requires respecting the confidential and privileged nature of what is discussed during the meetings. Only with your consent can a special care counsellor divulge certain information. There are, however, a few exceptions:
 - If your security or that of another person is compromised as stipulated by law (risk of suicide or homicide, requirements under the *Youth Protection Act*, etc.).
 - If you are involved in a legal proceeding, and despite your special care counsellor's refusal to disclose privileged information, a court order releases him or her from the professional requirement of confidentiality.
 - If another special care counsellor at the Montreal Region MFRC needs to be involved in your file, he or she will have access to the information required for such purposes, provided that you have given him or her written authorization in advance using the appropriate form.
2. We cannot guarantee the confidentiality of exchanges by email or any other technological means.
3. In order to avoid any type of conflict, all contact with the special care counsellor outside the meetings will be mentioned at the parental or family meetings.
4. The notes made over the course of your meetings are kept in your file under lock and key. You have the right to access the file and make corrections to it, upon written request.
5. If, for some reason, you miss a meeting without cancelling it in advance, the special care counsellor will follow up with you by phone. If you miss another meeting without providing notice, the special care counsellor will assume you no longer wish to take advantage of the services being offered. You can always contact us again if your difficulties come back and you want to resume your meetings.
6. You are in charge of your consultation and can decide to end it at any time. However, given the fact that a consultation involves a relationship, it is best to advise your special care counsellor of such a decision at a meeting.
7. We do not provide therapy, legal or financial advice, mediation, legal expertise, audio or video recordings, or any diagnosis whatsoever.
8. The services are provided free of charge and are limited to a short-to-medium-term consultation, in other words, 4 to 12 meetings, depending on the individual's or family's needs and objectives.
9. For the special care code of ethics, we provide copies upon request or you can consult the website of the Association des éducatrices et éducateurs spécialisés du Québec (AEESQ).
10. If you are not satisfied with the services you receive, please contact the MFRC's Executive Director at 450-462-8777 ext. 6813 or 450-358-7099 ext. 6066.

If, after evaluating your situation, we assess that we are unable to meet your needs, we will refer you to an appropriate professional. If you do not want the services you are offered, you can consult other professionals and we can refer you to their services upon your request.

I hereby declare that I have read this document and noted the information contained herein, that I have been given an opportunity to ask any questions I may have, and that I understand I may ask questions about anything that concerns me during the meetings.

 Child's name

 Date of birth

 Child's name

 Date of birth

 Child's name

 Date of birth

 Child's name

 Date of birth

 Child's name

 Date of birth

 Child's name

 Date of birth

 Child's name

 Date of birth

 Child's name

 Date of birth

 Mother's or legal guardian's signature

 Print name

 Date

 Father's or legal guardian's signature

 Print name

 Date

